# **CURRICULUM VITAE**

# SangNam Ahn, Ph.D., M.P.S.A

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# **CURRENT PROFESSIONAL POSITION**

2022 – Present	Associate Professor (Tenured), Saint Louis University, College for Public Health and Social Justice, Department of Health Management and Policy, St. Louis, MO
2011 – Present	Adjunct Associate Professor, Texas A&M University School of Public Health, The Center for Community Health and Aging, College Station, TX
2017 – 2022	Associate Professor (Tenured), The University of Memphis, School of Public Health, Division of Health Systems Management and Policy, Memphis, TN
2016 – 2022	Coordinator for Health Systems and Policy (HSP) PhD Program, The University of Memphis, School of Public Health, Division of Health Systems Management and Policy, Memphis, TN
2011 – 2017	Assistant Professor (Tenure Track), The University of Memphis, School of Public Health, Division of Health Systems Management and Policy, Memphis, TN
2015 – 2022	Affiliated Faculty, The University of Tennessee Health Science Center, Center for Health System Improvement, Memphis, TN

EDUCATION	
2010 – 2011	Post-Doctoral Fellowship, Program on Healthy Aging School of Public Health Texas A&M University Health Science Center College Station, Texas Marcia G. Ory, mentor.
2006 – 2009	Ph.D., Health Services Research School of Public Health Texas A&M University College Station, Texas Department of Health Policy & Management, <i>The Global Epidemic of Obesity among Community – Dwelling Elderly: The Case of the United States and China</i> , Charles D. Phillips, chair.
2004 – 2006	M.P.S.A., Public Service and Administration The Bush School of Government and Public Service Texas A&M University College Station, Texas Capstone – Outside Participation in the Developing of Proposal Rules William West, supervisor.
1995 – 1999	B.A., English Sejong University

## PROFESSIONAL TRAINING IN AGING STUDIES

- RAND Summer Institute on Aging and Social Sciences, July 11 14, 2011, Santa Monica, California.
- NIH National Institute on Aging (NIA) Summer Institute on Aging Research, July 7 13, 2012, Bethesda, Maryland.
- interRAI inSPIRe Research Intensive Meeting, Brisbane, Australia, Nov 4 12, 2018

## SPECIALIZED PROFESSIONAL COMPETENCE

#### SUBSTANTIVE EXPERTISE:

Health equity, adverse childhood experiences (ACEs), aging and long-term care policy, obesity and lifestyle risk factors, health promotion, healthcare savings estimation through evidence-based programs, chronic disease self-management, doctor-patient interactions, food insecurity, and 2010 Affordable Care Act.

## **METHODOLOGICAL EXPERTISE:**

Program planning as well as structure, process, and outcome evaluations. Qualitative methods: data coding, manual and computer-assisted analysis, and mixed methods study design. Quantitative methods: categorical data analysis, count data analysis, longitudinal data analysis, survival data analysis, hierarchical linear modeling, cost-effectiveness analysis, structural equation modeling, & propensity score matching.

## ADVANCED METHODOLOGICAL TRAINING

- Structural Equation Modeling (Dr. Oi-Man Kwok), 2010 Summer Statistics Workshop, Texas A&M University, College Station, Texas.
- Hierarchical Linear Modeling (Dr. Oi-Man Kwok), 2010 Summer Statistics Workshop, Texas A&M University, College Station, Texas.
- Item Response Theory (Dr. Bruce Thompson), 2009 Summer Statistics Workshop, Texas A&M University, College Station, Texas.

## **TEACHING AWARD**

1. Recipient. David Burchfield Excellence in Teaching and Learning Award, the University of Memphis School of Public Health Division of Health Systems Management and Policy, April 2016.

## OTHER HONORS, AWARD, AND RECOGNITION

- 1. The Editor in Chief 2018 Paper of the Year Award from the *American Journal of Health Promotion*. "Evaluation of a Behavioral Intervention with Multiple Components among Low-Income and Uninsured Adults with Obesity and Diabetes," January 2019.
- 2. Fellowship. Korea Foundation Field Research. "Identifying the Burden of Chronic Conditions among Baby Boomers and Older Adults: Comparative Study between Korea and the United States." Korea Foundation, 2015.
- 3. Recipient. Excellence in Research Achievement Award, the University of Memphis School of Public Health Division of Health Systems Management and Policy, April 2015.

- 4. Nominee. Thompson Prize for Young Investigators, the Association of University Programs in Health Administration (AUPHA), April 2015.
- Recipient. Susan B. Anthony Aetna Award for Excellence in Research on Older Women and Public Health, 141<sup>st</sup> Annual Meeting of the American Public Health Association, November 2-6, 2013, Boston, MA. (Authorship: Smith, Jiang, Prizer, Ahn, Chen, Cho, Graham, Ory).
- 6. Listed in Marguis Who's Who in America, 2014.
- 7. Recipient. First Time Principal Investigator recognition, the University of Memphis Vice Provost for Research, February 26, 2013, Memphis, TN.
- 8. Honorable Mention. Aetna Award for Excellence in Research on Older Women and Public Health, 140th American Public Health Association Annual Conference, October 27 31, 2012, San Francisco, CA. (Authorship: Smith, M. L., Ory, M. G., Miles, T., **Ahn, S.**, & Whitelaw, N.).
- 9. Winner. Nobuo Maeda International Research Award, 139th Annual Meeting of the American Public Health Association, October 29 November 2, 2011, Washington, DC. (Authorship: **Ahn S.**, Martinez, J. G., Smith M. L., & Ory M. G).
- 10. Honorable Mention. James G. Zimmer New Investigator Research Award, 139th Annual Meeting of the American Public Health Association, October 29 November 2, 2011, Washington, DC. (Authorship: **Ahn, S.**, Smith, M. L., Dickerson, J. B., & Ory, M. G.).
- 11. Nominee. Erickson Foundation Award, 139th Annual Meeting of the American Public Health Association, October 29 November 2, 2011, Washington, DC. (Authorship: Smith, M. L., **Ahn, S.**, Goltz, Menn, Dickerson, Ory).
- 12. Winner. Retirement Research Foundation Doctoral Student Research Award, 138th Annual Meeting of the American Public Health Association, November 6 10, 2010, Denver, CO. (Authorship: **Ahn S.**, Tai-Seale M., Huber Jr., C., Smith M. L., & Ory M. G.).
- 13. Honorable Mention. Nobuo Maeda International Research Award, 138th Annual Meeting of the American Public Health Association, November 6 10, 2010, Denver, CO. (Authorship: **Ahn S.**, Zhao H., Smith M. L., Ory M. G., & Phillips, C. D.).
- Honorable Mention. Erickson Foundation Award for Excellence in Research, 138th Annual Meeting of the American Public Health Association, November 6 – 10, 2010, Denver, CO. (Authorship: Smith M. L., Ory M. G., Ahn S., & Herrera, A.).
- 15. Nominee. James G. Zimmer New Investigator Research Award, 138th Annual Meeting of the American Public Health Association, November 6 10, 2010, Denver, CO. (Authorship: Smith, M. L., Colwell, B., **Ahn, S.**, & Ory, M. G.).
- 16. Recipient. Delta Omega Honorary Society in Public Health, Chapter of Texas A&M University Health Science Center School of Public Health, Alpha Tau, May 2010.
- 17. Recipient. KUSCO KSEA (Korean American Scientists and Engineers Association) Scholarship, August 2008.
- 18. Recipient. Korean Honor Scholarship (Embassy of Korea in the U.S.), August 2007.

- 19. Recipient. Phi Alpha Alpha Honor Society in Public Affairs and Administration Chapter at Texas A&M University, May 2006.
- 20. Recipient. U.S. Congress Bush Fellowship, 2004 2006.
- 21. Recipient. Elite Club, GlaxoSmithKline Korea Best Salesperson, 2002 2004.
- 22. Recipient. U.S. Army Commendation Medal, February 2001.
- 23. Recipient. Sejong Daeyang Academic Excellence Award, May 1995.

#### RESEARCH

## RESEARCH EXPERIENCE

2010 – 2011 Post-Doctoral Fellowship of Healthy Aging, Texas A&M University Health Science Center, School of Public Health, Department of Social and Behavioral Health, College Station, TX

National Outcomes Study (Investigator, PI: Ory). A joint effort with the National Council on Aging (NCOA) and the Stanford Patient Education Research Center at Stanford University. The goal is to conduct a national study of 1,000 older adults to document individual outcomes of the Stanford Chronic Disease Self-Management Program, such as self-reported health status, quality of life, health behaviors, and health care utilization. This collaboration bridges the research to practice gap, furthering our knowledge about the outcomes of widely disseminated evidence-based programs (EBP) for seniors.

Planning a Nationwide Evaluation of Evidence-Based Programs for Seniors (Investigator; PI: Ory). A collaborative project with support from the Centers for Disease Control's Prevention Research Center-Healthy Aging Research Network. This project will develop a comprehensive plan for a nationwide evaluation of evidence-based programs for seniors.

2008 – 2009 Graduate Research Assistant, Texas A&M University Health Science Center, School of Public Health, Department of Health Policy and Management, College Station, TX

National Institute on Aging Project "Developing Prevalence Measures of Elder Abuse in Long-Term Care (P.I.: Hawes, 1R21AG030665 – 01):" Developing and testing methods for producing reliable estimates of the prevalence of elder abuse in nursing homes and assisted living/residential care facilities.

2007 – 2008 Statistical Consultant, Texas A&M University, School of Architecture, Department of Urban Planning, College Station, TX

National Institute on Aging Project "Outdoor Spacing for Aging: Environmental Assessment and Survey (P.I.: Rodiek)": Analysis of multilevel structured data regarding how institutionalized older adults assess their outdoor spacing.

2006 – 2007 Graduate Research Assistant, Texas A&M University Health Science Center, School of Public Health, Department of Social and Behavioral Health, College Station, TX

Brazos Valley Health Survey 2006 Project (PI: Burdine): A collaboration of St. Joseph's Regional Health Center, College Station Medical Center, Trinity Medical Center, the Brazos Valley Council of Governments, Brazos Valley Community Action Agency, and the School of

Public Health Brazos Valley Regional Health Status Assessment – II. This is a second regional assessment used for program planning and evaluation by the Brazos Valley Health Partnership and its member organizations.

#### **GRANT UNDER REVIEW**

- Principal Investigator. NIA R01 Grant. "Childhood Adversity and Modifiable Midlife Health Pathways to Alzheimer's Disease: A Life-Course Approach." \$1,250,000, Total project costs (2026-2031).
- Principal Investigator. NIA R21 Grant. "Insomnia, Depression, and Medication Effects on Mild Cognitive Impairment to Dementia Progression: A Nationwide TriNetX Research Network Cohort Study." \$275,000, Total project costs (2026-2028).

#### COMPLETED RESEARCH SUPPORT

- Principal Investigator. 2024 Health Research Grant. "Insomnia, Major Depressive Disorders, and Risk for Alzheimer's Disease and Alzheimer's Disease Related Dementias." \$7,500, Total project costs (2024 – 2025).
  - The purpose of this study was to determine whether co-occurring insomnia and major depressive disorder increase the risk of ADRD beyond their independent effects, using a large electronic health records cohort of older adults.
- Principal Investigator. ICTS Just-In-Time Core Usage Funding Program. "Mediating Roles of Sleep Disorders and Psychiatric Disorders between PTSD fand Cognitive Decline." \$4,950, Total project costs (2023-2024).
- Sub-award P.I. (Ory, M. G., P.I.) Healthcare Utilization & Cost among Diabetic Patients. Texas A&M University (Prime Funder: Blue Cross Blue Shield Texas). \$9,999 Total project cost (2023).
- Sub-award P.I. "Empowering Church Health Outreach (ECHO) Project" Church Health. \$3,547 Total project costs (2022).
- Co-Investigator (Levy, M., P.I.). Transforming Academia for Equity. RWJF. "University of Memphis: Eradicating Systemic Racism and Promoting Social Justice through Academic Public Health". \$300,000 Total project costs (2022-2024).
- Co-Investigator (Yang, Y, P.I.). Aging and Health in Memphis. "Community of Research Scholars (CoRS) Grant" \$2,500 Total project costs (2018-2019).
- Sub-award P.I. "Congregational Care Transitions Project." Church Health Center. \$55,207 Total project costs (2013-2018).
  - The purpose of this study was to evaluate a standardized faith community nursing transition of care program. Using propensity score matching, the program was associated with reduced 30-, 90-, and 180-day readmissions and shorter hospital stays by integrating spiritual, medical, and social support.
- Co-P.I. Summer Healthcare Research Grant from the Methodist Le Bonheur Center for Healthcare Economics. "A Care Transition Program to Avert Post-Discharge ER Visits and Hospital Readmissions: Memphis-Based Church Health Faith Community Nurse (FCN) Pilot Project" \$8,000 total costs (2017-2018).

- Consultant P.I. Developing & Disseminating Web-Based Healthcare Cost Saving Estimator Tool for Health Promotion Programs for Use in the Healthy South Texas Initiative. Texas A&M University (Prime award from the Healthy South Texas). \$29,960 total costs (2017-2018).
- Principal Investigator. Memphis Research Consortium (MRC) Pilot Grant Award. "Adverse Family Environments and Childhood Obesity: A Moderated Mediation Model of Mental Health and Social Supports in the City of Memphis." \$22,527, Total project costs (7/15/2016 – 6/14/2017).
  - The purpose of this project is to examine how children's mental health and coping skills mediate the relationship between adverse family environments and childhood obesity, and how social supports can buffer these effects. Using national survey data and local pilot studies in Memphis, the study aims to identify protective factors that strengthen resilience and guide community programs and policy to reduce childhood obesity risk.
- Sub-award P.I. "Developing PCOR Capacity for Improving Cancer Disparities." Eugene Washington PCORI Engagement Awards Program. \$10,150 total costs (10/1/2015 9/30/2017).
  - The purpose of this project is to strengthen patient-centered outcomes research capacity in Memphis by engaging minority and underserved cancer patients, caregivers, and stakeholders. Through patient–stakeholder councils and caregiver groups, the project will identify research priorities and improve communication between patients, providers, and researchers. The ultimate goal is to reduce cancer disparities in breast, colon, lung, and prostate cancers and create a model for similar communities.
- Consultant P.I. Conducting Cost-Effectiveness Analysis for South Texas Initiative. Texas A&M University (Prime award from the Healthy South Texas). \$9,500 total costs (09/01/16 – 08/31/17).
  - The purpose of this project is to support the Healthy South Texas Initiative by providing expertise in health management and policy, particularly around cost analysis and evaluation of chronic disease programs. The work involves conducting cost-savings analyses, preparing policy briefs and reports, and coordinating with regional offices and leadership to strengthen program implementation and sustainability. Ultimately, the project aims to generate evidence that informs decision-making and demonstrates the value of Healthy South Texas activities in improving community health
- Sub-award P.I. "Congregational Care Transitions Project." Baptist Memorial Hospital-DeSoto. \$6,532 Total project costs (2015-2017).
- Sub-award P.I. "Texercise Select, an Exercise & Nutrition Program for Older Adults." Texas A&M
  Health Science Center School of Public Health (Prime award from the Texas Department of Aging and
  Disability Services). \$10,000 total costs (2015-2016).
- Sub-award P.I. (M.G. Ory, P.I.). "Chronic Disease Self-Management Program" Texas A&M University Health Science Center School of Public Health. \$50,000 Total project costs (2012-2014).
  - The purpose of this project is to streamline and validate the Stanford Chronic Disease Self-Management Program (CDSMP) Fidelity Checklist for practical use in community and clinical settings. By creating shorter versions that maintain program integrity while reducing burden, the project aims to support consistent delivery and strengthen fidelity monitoring.
- Sub-award P.I. "Church Health Center's Diabetic Obesity Weight Loss Pilot Program Healthy Living."
   BlueCross BlueShield of Tennessee Health Foundation. \$7,030 Total project costs (2012-2014).
- Co-Investigator (K. Ward, P.I.). "Developing a Tailored Clinical Decision Support System for Pediatric Obesity Screening and Treatment." FedEx Institute of Technology Grant. \$8,498 Total project costs (2012-2013).

• Subcontract P.I. (M.G. Ory, P.I.). "Communities Putting Prevention to Work; Chronic Disease Self-Management Program." National Council on Aging. \$23,597 total project costs (2011-2012).

## TRAVEL/PUBLICATION GRANTS AWARDED

- CTXCARES Travel Awards (\$1,250), 2014.
- Publication (BMC Public Health) Grant (\$2,060), 2013, Texas A&M University Health Science Center.
- The University of Georgia College of Public Health Travel Grant (\$1,979), 2013.
- Career Development Travel Grant, Texas A&M University Health Science Center, November 2007.

#### COMPLETED COMMUNITY/TEACHING SUPPORT

• Instructor. University of Memphis—Baptist Memorial Hospital Healthcare Leadership Institute. \$6,452 Total project costs (2016-2017).

## **GRANT APPLICATIONS UNFUNDED**

- PI. "ComfortBot: Developing and Evaluating an Al-Based Animated Chatbot to Support Children's Mental Health Before Surgery" Huo Family Foundation Research Grant. \$1.56 million Total project costs (2025-2029).
- Co-PI (Mishra, Sabyasachee, P.I.) "Mobility On-Demand through an Electric Clinic-on-the-wheels based transit for Age Restrained Elderly (MODE-CARE." National Science Foundation. \$50,000 Total project costs (2022-2023).
- Principal Investigator. Redlining and Neighborhood Health Project in Memphis. RWJF Public Policy Research to Advance Racial Equity and Racial Justice Program. \$250,000 total project costs (2021-2023).
- Co-I (Levy, M., P.I.) "Building Public Health Training Program in Mid-South" Health Resources and Services Administration Public Health Scholarship Program. \$1,500,000 Total project costs (2022-2024).
- Co-Principal Investigator (Jack Tsao, P.I.). Establishing a COVID-19 Patient Registry to Examine Neurological and Psychological Outcomes and Use of Telemedicine in Care. UTHSC/UofM SARS-CoV-2/COVID-19 Research CORNET Award. \$17,439 Total program cost (2021-2022).
- Co-Principal Investigator (Sajeesh Kumar, P.I.). COVID-19 Social Distancing: Remote Monitoring and Follow Up of Pediatric Surgery Patients. UTHSC/UofM SARS-CoV-2/COVID-19 Research CORNET Award. \$24,989 Total program cost (2021-2022).
- Principal Investigator. "From childhood adversity to dementia among older adults: the role of life stress, psychosocial resilience, and inflammation." NIH R21 Grant Proposal. 15% for academic year & 20% for summer (2020-2022).
- Co-Investigator. (Yong Yang, P.I.) "Promote daily transportation and health and reduce their disparities for older adults." NIH R21 Grant Proposal. 5% for academic year & 6% for summer (2019-2020).

- Co-Investigator. (Yong Yang, P.I.) "Promote daily transportation and health and reduce their disparities for older adults." NIH R21 Grant Proposal. 5% for academic year & 6% for summer (2017-2018).
- Consultant P.I. "Evaluating health care utilization and cost to make the case for wide-spread dissemination of evidence-based programs" NIH-R01 (P.I.: Towne). \$20,000 Total project costs (2017-2020).
- Principal Investigator. "Our Basketball League of Memphis" Aetna Foundation Grant: Cultivating Healthy Communities. \$99,672 Total project costs (2017-2019).
- Principal Investigator. "Cumulative Effects of Risky Behaviors on Multiple Chronic Conditions and Observed Health." NIA Regional and International Differences in Health and Longevity at Older Ages (R03: PA-13-123). \$100,000 total costs (2015-2016).
- Co-Investigator. RWJF Evaluating High-Value Innovations from Low-Resource Communities. "Can a Faith and Health-based Preschool Moderate the Negative Health Effects of Poverty and other Adverse Family Environments?" \$39,385, Total project costs (2016-2018).
- Co-Principal Investigator. "A Patient & Family Centered Intervention to Reduce Breast Cancer Disparities among African American Women in Memphis." Patient-Centered Outcomes Research Institute (PCORI). \$99,840 total costs (2014-2016).
- Principal Investigator. Robert Wood Johnson Foundation (RWJF) New Connections: Increasing Diversity of RWJF Programming Junior Investigators 2015. \$100,000 total costs (2015-2017).
- Principal Investigator. Robert Wood Johnson Foundation (RWJF) New Connections: Increasing Diversity of RWJF Programming - Junior Investigators 2013. \$100,000 total costs (2014-2016).
- Co-Investigator. (F. Renee, P.I.). "Project Better Care." Health Care Innovations Awards Round Two. \$150,000 total costs (2014-2016).
- Consultant. "National Falls Prevention Resource Center." \$10,000 total costs (2014-2015)
- Principal Investigator. "Memphis Holistic Gardening Triangle: Bridging Novice Gardeners, Volunteer Gardeners, Community Gardens, and Farmers' Markets to Improve Access to Fresh Fruits and Vegetables among the Vulnerable Population in Memphis, Tennessee." Aetna Regional Grant. \$40,000 total costs (2013-2014).
- Consultant. (M.G. Ory, P.I.). "Planning Project for Y-USA's Healthy Aging Initiative: Advice from the Healthy Aging Research Network (HAN)." (2014-2015).
- Principal Investigator. "2013 Shelby County Greenways and Green Infrastructure Health Impact Assessment." Shelby County, TN. \$75,000 total project costs (2013-2014).
- Co-Investigator. "Evaluating the Impact of the Engagement of Professional Sports on High School Students' Participation in the School Breakfast Program in inner city schools." The Robert Wood Johnson Foundation (RWJF). \$15,909 direct costs, \$142,537 total costs (2013-2015).
- Principal Investigator. "Impact of Food Deserts on Baby Boomer and Older Adults' Food Insecurity, Health Behaviors, and Obesity Levels." Hooks Institute Faculty Research Grants. \$5,000 total costs (2012-2013).

- Principal Investigator. "Community Health Needs Assessment in the Greater Memphis Area: Identifying Current and Future Efforts to Assess Community Needs among Vulnerable Populations." Center for Health Equity Research and Promotion (CHERP) Collaborative Health Disparity Research Incubator Grants. \$10,000 total costs (2012-2013).
- Co-Investigator. "IHI CMMI Innovation Challenge Grant Proposal." CMMI Healthcare Innovation Challenge Grant. \$57,553 direct costs, \$7,655,750 total costs (2012-2014).
- Co-Investigator. "Addressing Childhood Obesity 150,000 Meals at a Time: Memphis' Farm-to-School Movement." National Institutes of Health (NIH) R13 Grant on Academic-Community Partnership Conference Series. \$7,488 direct costs, \$29,374 total costs (2012-2014).
- Principal Investigator. "Impact of Food Deserts on Baby Boomer and Older Adults' Food Insecurity, Health Behaviors, and Obesity Levels." The Robert Wood Johnson Foundation (RWJF) Dissertation and Junior Faculty Awards Proposal. \$8,756 direct costs, \$9,817 total costs (2011-2012).

## **JOURNAL (EDITORIAL) REVIEW BOARDS**

- Frontiers in Public Health (Aging & Public Health), Assistant Specialty Chief Editor, May 2025 Present
- Health Behavior and Policy Review, Editorial Board, July 2013 Present
- American Journal of Health Behavior, Review Board, January 2012 Present
- The *Maturitas*, Editorial Board, September 2012 2017
- Frontiers in Public Health Education and Promotion, Associate Editor, April 2013 2017

#### REFERRED PUBLICATIONS

\*Indicates the author is a mentee.

- Ahn, S., Salas, J., Cho, J., & Scherrer, J. (2025). Insomnia, Major Depressive Disorders, and Risk for Alzheimer's Disease and Related Dementias. *Aging & Mental Health*. DOI: 10.1080/13607863.2025.2533495.
- 2. **Ahn, S.**, Han, G., Beck, M., Hsu, W, Towne, S., Smith, M. L., & Ory, M.G. (2025). The Burden of Comorbid Depression and Type 2 Diabetes: An Empirical Study Using Commercial Insurance Data. *Journal of Primary Care and Community Health*. DOI: 10.1177/21501319251336629.
- 3. Park, S., Ahn, E., Park, S., Kwon, E., Ahn, T. **Ahn, S.** (2025). Artificial Intelligence and Aging in Place: A Scoping Review of Current Applications and Future Directions. *The Gerontologist*. DOI: 10.1093/geront/gnaf130.
- 4. Browning, C., Ory, M.G., **Ahn, S.**, & Thomas, S. (2025). Addressing the Global Challenge of Healthy Ageing. *Frontiers in Public Health*. DOI: 10.3389/fpubh.2025.1657102.
- 5. Ahn, S., Lee, J., Munning, K., Campbell, K., Ziebarth, D., Owen, & J. Hwang. (2024). A Faith Community Nurse Care Transition Program: A Propensity Score Matching Analysis. *Journal of Religion and Health. DOI:* 10.1007/s10943-024-02213-2.

- 6. **Ahn, S.**, Kim, S., Zhang, H., Dobalian, A., & Slavich, G. (2024). Lifetime adversity predicts depression, anxiety, and cognitive impairment in a nationally representative sample of older adults in the United States. *Journal of Clinical Psychology. DOI: 10.1002/jclp.23642*.
- 7. Towne S.D. Jr, Ory M.G., Zhong L., Smith M.L., Han G., Andreyeva E., Carpenter K., **Ahn S.**, Averhart Preston V.. (2024). Examining Health Inequities in A1C Control over Time across Individual, Geospatial, and Geopolitical Factors among Adults with Type 2 Diabetes: Analyses of a Sample from One Commercial Insurer in a Southern State. *Journal of Primary Care and Community Health*. https://doi.org/10.1177/21501319241253
- 8. Han, G., Spencer, M.S., **Ahn, S.**, Smith, M. L., Zhong, L., Andreyeva, E., Carpenter, K., Towne, S. D., Preston, V. A., Ory, M.G. (2023). Group-based trajectory analysis identifies varying diabetes-related cost trajectories among Type II diabetes patients in Texas: An empirical study using commercial insurance. *BMC Health Services Research*. 1116. https://doi.org/10.1186/s12913-023-10118-1
- 9. Ziebarth, D., Campbell, K., **Ahn, S.,** Williams, J., & Lane, M. (2023). Using nursing interventions classifications to document faith community nursing transitional care. *Journal of Christian Nursing*. 10-1097.
- Ahn, S., Kim, S., Koh, K. (2022). Associations of the COVID-19 Pandemic with Older Individuals' Healthcare Utilization and Self-reported Health Status: A Longitudinal Analysis from Singapore. BMC Health Services Research. 22(66). https://doi.org/10.1186/s12913-021-07446-5.
- 11. \*Mahmood, A., Kedia, S. K., Dobalian, A., Chang, C. F., & **Ahn, S.** (2022) Longitudinal associations between time-varying insomnia symptoms and all-cause healthcare services utilization among middle-aged and older adults in the US. *Health Services Research*. DOI: 10.1111/1475-6773.13971.
- 12. \*Mahmood, A., Ray, M., Dobalian, A., Ward, K. D., **Ahn, S.** (2022). Longitudinal associations between insomnia symptoms and all-cause mortality among middle-aged and older adults: A population-based cohort study. *Sleep. doi:* 10.1093/sleep/zsac019.
- 13. \*Mahmood, A., Ray, M., Dobalian, A., Ward, K. D., **Ahn, S.** (2021). Insomnia Symptoms and Incident Heart Failure: A Population-Based Cohort Study. *European Heart Journal*. https://doi.org/10.1093/eurhearti/ehab500
- 14. Abey-Nesbit, R., Van Doren, S., Ahn, S., Iheme, L., Peel, N., Declercq, A., Hirdes, J. Deely, J., Allore, H., & Jamieson, H. (2021). Factors associated with caregiver distress among home care clients in New Zealand: Evidence based on data from interRAI Home Care Assessment. *Australasian Journal on Ageing*. doi: 10.1111/ajag.13011.
- 15. **Ahn, S.,** Hussein, M., \*Mahmood, A., & Smith, M.L. (2020). Emergency Department and Inpatient Utilization among U.S. Older Adults with Multiple Chronic Conditions: A Post-Reform Update. *BMC Health Services Research*. DOI: https://doi.org/10.1186/s12913-020-4902-7.
- 16. Jin, S. W., Lee, S, & **Ahn, S.** (2020) Is Colorectal Cancer Screening Associated with Stages of Weight Control among Korean Americans Aged 50-75 Years Old?: Implications for Weight Control Practice. *Journal of Racial and Ethnic Health Disparities*. https://doi.org/10.1007/s40615-020-00859-8.
- 17. Isehunwa, O., Dobalian, A., **Ahn, S.**, Relyea, G. E., Carlton, E. (2020). Local Health Department and Hospital CollaboraQon around Community Health Needs Assessment to Improve Health Outcomes. *Family & Community Health*. doi: 10.1097/FCH.000000000000280.

- Chavan, P. P., Kedia, S. K., Mzayek, F., Ahn, S., Yu, X. (2020). Impact of self-assessed health status and physical and functional limitations on healthcare utilization and mortality among older cancer survivors in US. *Aging Clinical and Experimental Research*. DOI: https://doi.org/10.1007/s40520-020-01654-5.
- 19. \*Mahmood, A., Wyant, D. K., Kedia, S., **Ahn, S.**, Powell, M. P., Jiang, Y., & Bhuyan, S. S. (2020). Self-Check-In Kiosks Utilization and Their Association With Wait Times in Emergency Departments in the United States. *Journal of Emergency Medicine*. 58(5), 829-840.
- 20. Yong, Y., Li, S., Zhang, K., Xiang, X., **Ahn, S.**, & Murphy, J. (2020). How the daily smartphone is associated with daily travel, physical activity, and self-perceived health: evidence from 2017 National Household Travel Survey. *Journal of Aging and Physical Activity*. https://doi.org/10.1123/japa.2019-0222. 28(5), 740-748.
- 21. Towne, SD Jr, Smith, ML, Li, Y, Dowdy, D, **Ahn, S**, Lee, S, Yoshikawa, A, & Jiang L. (2020). A multi-level analyses of charges and cost of fall-related hospitalizations among older adults: Individual, hospital, and geospatial variation. DOI: 10.1080/08959420.2020.1740639. *Journal of Aging & Social Policy*.
- 22. **Ahn, S**., Zhang, H., Berlin, K. S., Levy, M., & \*Kabra, R. (2019). Adverse childhood experiences and childhood obesity: a path analysis approach. *Children's Health Care*. DOI: 10.1080/02739615.2019.1697928.
- 23. \*Mahmood, A., Kedia, S., Wyant, D., Bhuyan, S., & **Ahn, S.**, (2019). Use of Mobile Health Applications for Health-Promoting Behavior among Individuals with Chronic Medical Conditions. DOI: 10.1177/2055207619882181. *Digital Health*.
- 24. Towne, S.D. Jr., Fair, K., Smith, M.L., Dowdy, D., **Ahn, S.**, Nwaiwu, O., Ory, M.G. (2018). Multi-Level Comparisons of Hospital Discharge Among Older Adults with a Fall-Related Hospitalization. *Health Services Research*, DOI: 10.1111/1475-6773.12763.
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## **BOOK (CHAPTERS)**

- 1. Ory M. G., **Ahn S.**, Towne S.D. Jr., Smith M. L. (2024). Chronic Disease Self-Management Education: Program success and future Directions. In M. Malone, E. Capezuti, & R. M. Palmer, eds. Geriatrics Models of Care: Bringing 'Best Practice' to an Aging America. 2<sup>nd</sup> ed. Cham, Switzerland: Springer International.
- 2. **Ahn S.**, How to Become a Professor in the United States: From a Poor International Graduate Student to a Tenured Professor (2018). Seoul, Korea: Haesim Publication. ISBN 979-11-959721-2-803190. (in Korean language).
- 3. Ory M. G., **Ahn S.**, Towne S.D. Jr., Smith M. L. (2015). Chronic Disease Self-Management Education: Program success and future Directions. In M. Malone, E. Capezuti, & R. M. Palmer, eds. Geriatrics Models of Care: Bringing 'Best Practice' to an Aging America. Cham, Switzerland: Springer International. ISBN 978-3-319-16068-9.
- 4. Smith, M. L., Belza, B., Altpeter, M., **Ahn, S.**, Dickerson, J. B., & Ory, M. G. (2012). Disseminating an evidence-based disease self-management program for older Americans: Implications for diversifying participant reach through delivery site adoption. Public health: Social and behavioral health. InTech: Rijeka, Croatia. ISBN 979-953-307-499-2.

## **SUBMISSIONS UNDER REVIEW**

1. **Ahn, S.**, Lee, J., Lee, Y., Hsu, WL. (2025). Delayed Healthcare Access and Psychological Well-Being among Older Adults During the COVID-19 Pandemic. *Health Services Research* (Under Review).

- 2. Kim, S, **Ahn, S.**, Koh, K., Lee, D. (2025). The Association of Nationwide Trainee Doctor Mass Resignations in South Korea with Hospital Utilization, Expenditure, and Patient Outcomes. *Frontiers in Public Health* (Under Review).
- 3. Towne, S. D., Ory, M.G., Zhong, L., Smith, M. L., Han, G., Andreyeva, E., Carpenter, K., **Ahn, S.**, & Preston, V. A. (2025). Variation in A1C among adults with Type 2 Diabetes 2016-2019: Examining health inequities across individual-level, geospatial, and geopolitical factors. *Health Services Research (Under Review)*.
- 4. Hsu W. & **Ahn, S** (2025). Well-Being and Functional Limitations in Older Adults with Dementia Across Care Settings in the United States. The Gerontologist. (*Under Review*).

#### REFERRED PUBLISHED ABSTRACTS

- 1. Smith, M. L., Ory, M. G., **Ahn, S.**, Dean, W. R., & Sharkey, J. R. (2010). Influences of food insecurity on eating behaviors among impoverished older women. *Appetite* (accepted).
- 2. Ory, M. G., Smith, M. L., Hochhalter, A. K., Wernicke, M. M., & **Ahn, S.** (2010). Indicators of lifetime and annual mammography screening in the Brazos Valley. *Clinical Medicine & Research* (accepted).
- 3. Smith, M. L., Ory, M. G., Hochhalter, A. K., Stevens, A., & **Ahn, S.** (2010). Factors associated with cardiovascular disease risk and events in the Brazos Valley. *Clinical Medicine & Research* (accepted).

## **WORKS IN PROGRESS**

- 5. **Ahn, S.**, Salas, J., Cho, J., & Scherrer, J. (2025). The Combined Impact of Insomnia and Anxiety on Dementia Risk: A Retrospective Cohort Study. St. Louis, MO: Saint Louis University College for Public Health and Social Justice.
- 6. **Ahn, S.**, Xian, H., Scherrer, J., Mahmood, A., Kim, S., Ahn, E., Beck, M., & Slavich, G. (2025). Sleep problems mediate the association between childhood adversity and late-life cognitive functioning. St. Louis, MO: Saint Louis University College for Public Health and Social Justice.
- 7. **Ahn, S.**, Lee, J., Cambell, K., Ziebarth, D. (2025). Faith Community Nurse (FCN) Care Transition Program: A Randomized Controlled Trial. St. Louis, MO: Saint Louis University College for Public Health and Social Justice.
- 8. Hsu, W. & Ahn, S. (2025). Evaluating the Impact of Inappropriate Antipsychotic Use on Hospitalization, Mortality, and Healthcare Costs in Older Adults with Dementia: Insights from Taiwan. St. Louis, MO: Saint Louis University College for Public Health and Social Justice.

## WEBINAR PRESENTATION

1. Smith, M. L., Jiang Luohua, Chen Shuai, **Ahn, S.**, Kulinski K. P., Lorig K., & Ory, M. G. (2015). Successful completion of CDSMP workshops: Can session zero make a difference? Presented at the National Council on Aging monthly webinar, November 23, 2015.

2. Ory, M. G., **Ahn, S.**, Smith, M. L., & Altpeter, M. (2014). An easy-to-use tool to estimate healthcare cost savings for CDSMP. Presented at the National Council on Aging Monthly Webinar, August 19, 2014.

## PEER REVIEWED RESEARCH PRESENTATIONS

\*Indicates the author is a mentee.

- Ahn, S., Salas, J., Cho, J., Hsu, WL., Reed, J., & Scherrer, J. (2025). Insomnia, Major Depressive Disorders, and Risk for Alzheimer's Disease and Related Dementias. Presented at the Health Care Systems Research Network (HCSRN) Conference. April 8 – 10. St. Louis, MO, USA.
- Ahn, S., Lee, J., Hsu, WL. (2025). Religiosity and Social Support as Moderators of Mental Health Outcomes Among Individuals with Childhood Adversity Before and After COVID-19. Accepted to present at the American Public Health Association Annual Meeting. November 2 – 5. Washington, D.C., USA.
- 3. Suh, B., **Ahn, S.**, Kamer, R. (2025). Comparing the prevalence of positive and adverse childhood experiences (PACEs) and their impact on adolescent health: Insights from parent and youth-reported population surveys. Accepted to present at the American Public Health Association Annual Meeting. November 2 5. Washington, D.C., USA.
- 4. Hsu, WL. & **Ahn, S.** (2025). Exploring the Moderating Role of Family Networks in the Relationship Between Dementia and Mental Health Outcomes. Accepted to present at the Gerontological Society of American Annual Meeting. November 12 15. Boston, MA, USA.
- 5. **Ahn, S.**, Han G., Beck M., Hsu WL., Towne S., Smith M. L., and Ory M. G. (2024). Burden of Comorbid Depression and Type 2 Diabetes: An Empirical Study Using Commercial Insurance. Presented at the American Public Health Association Annual Conference. Oct 27-30, 2024. Minneapolis, MN, USA.
- 6. \*Hsu, W. L. & **Ahn, S.** (2024). Well-Being And Functioning Profile Among Older Adults Between Different Living Settings. Presented at the Gerontological Society of America (GSA)'s Annual Scientific Meeting.
- 7. Park, S., Ahn, E., Park, S., Kwon, E., Ahn, T. **Ahn, S.** (2024). Role of Machine Learning (ML) in Aging in Place Research: A Scoping Review. Presented at the Gerontological Society of America (GSA)'s Annual Scientific Meeting.
- 8. Towne SD Jr, Smith ML, Han G, Zhong L, **Ahn S**, Ory MG. (2024). Social and structural determinants of health inequities among those with non-target A1Cs with type 2 diabetes: The role of individual-level and place-based factors. Presented at the American Public Health Association Annual Conference. Oct 27-30, 2024. Minneapolis, MN, USA.
- 9. **Ahn, S.**, Xian, H., Scherrer, J., Mahmood, A., Kim, S., Ahn, E., \*Beck, M., & Slavich, G. (2023). Sleep problems mediate the association between childhood adversity and late-life cognitive functioning. Presented at the Gerontological Society of America (GSA)'s Annual Scientific Meeting, November 8 12, 2023, Tampa, FL.
- Towne, S.D. Jr, Ory, M.G., Smith, M.L., Zhong, L., Han, G., Andreyeva, E., Ahn, S., Averhart, P.V. (2023). Longitudinal comparisons of Rural-Border Health Disparities in Diabetes-related Physician Updated October 23, 25

- Visits among adults with Type 2 Diabetes: The role of Social and Structural Determinants of Health Inequities. Presented at the American Public Health Association Annual Conference. November 12 15, 2023. Atlanta, GA, USA.
- 11. \*Mahmood, A., Ray, M., Ward, KD, Kedia, S., Dobalian, A., & **Ahn, S.** (2023). Insomnia symptoms and the risk of "cognitive impairment, no dementia (CIND)" among middle-aged and older adults in the US. Accepted & scheduled for the 44th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine (SBM). April 26-29, 2023, Phoenix, AZ.
- 12. \*Mahmood A., Dobalian A., Ward K., Ray M., and **Ahn, S**. Longitudinal associations between insomnia and mortality among middle-aged and older adults: A marginal structural modeling approach. Presented to the American Public Health Association 148th Annual Meeting, Virtual. October 2020.
- 13. \*Mahmood A., **Ahn, S.**, Kedia S., Bhuyan S. Powell MP., and Jiang Y. (2019). Self-registration kiosks utilization and their association with wait times in emergency departments in the United States. Presented to the American Public Health Association 147th Annual Meeting, Philadelphia, PA. November 2019.
- 14. \*Mahmood A., and **Ahn, S.** (2019). Emergency department length of stay for patients with chronic medical conditions in the United States. Presented to the American Public Health Association 147th Annual Meeting, Philadelphia, PA. November 2019.
- 15. \*Mahmood A., **Ahn, S.**, Kim H., and Kedia S. (2019). Use of mHealth applications in health information-seeking among caregivers in the United States. Presented to the American Public Health Association 147th Annual Meeting, Philadelphia, PA. November 2019.
- 16. \*Mahmood A., Askew A., **Ahn, S.**, and Kedia S. (2019). Mobile health apps and health-seeking behaviors among older adults in the United States. Presented to the American Public Health Association 147th Annual Meeting, Philadelphia, PA. November 2019.
- 17. \*Askew, A. & **Ahn, S.** (2019). Mobile health apps and health-seeking behaviors among older adults in the United States. Presented to the American Public Health Association 147th Annual Meeting, Philadelphia, PA. November 2019.
- 18. Isehunwa, O., Carlton, E., **Ahn, S.**, Relyea, G., and Dobalian, A. (2018). Collaboration between Local Health Departments and Nonprofit Hospitals around Community Health Needs Assessment Reduces Poor Mentally Unhealthy Days. Presented at the 146<sup>th</sup> American Public Health Association Annual Conference, November 10 14, 2018, San Diego, CA.
- 19. \*Mahmood, A., **Ahn, S.**, Mosalpuria, K., Bhuyan, S. (2018). Use of smartphones and tablet computers in health seeking behaviors among patients with multiple chronic conditions. Presented at the 146<sup>th</sup> American Public Health Association Annual Conference, November 10 14, 2018, San Diego, CA.
- 20. \*Mahmood, A., **Ahn, S.**, Kedia, S., Jiang, Y., Chang, C., Bhatt, J., Palakodeti, S., and Bhuyan, S. (2018). Role of physician compensation models on service utilization in ambulatory care settings in the United States. Presented at the 146<sup>th</sup> American Public Health Association Annual Conference, November 10 14, 2018, San Diego, CA.
- 21. \*Mahmood, A., **Ahn, S.**, Mosalpuria, K., and Bhuyan, S. (2018). Association between having a regular health provider and access to online Electronic Health Records (EHR). Presented at the 146<sup>th</sup> American Public Health Association Annual Conference, November 10 14, 2018, San Diego, CA.

- 22. \*Mahmood, A., **Ahn, S.**, and Ray, M. (2018). Trend and scope of burn injuries in Iraq between 2007 and 2016. Presented at the 146<sup>th</sup> American Public Health Association Annual Conference, November 10 14, 2018, San Diego, CA.
- 23. **Ahn, S.**, Hussein, M., Smith, M. L., Ory, M. G. (2017). Effectiveness of the 2010 Affordable Care Act on ER Visits and Hospital Admissions among Older Adults with Multiple Chronic Conditions. Presented at the 145<sup>th</sup> American Public Health Association Annual Conference, November 4 8, 2017, Atlanta, GA.
- 24. **Ahn, S.**, Berlin, K., Zhang, H., Levy, M. (2017). Classifying Protective and Contributing Factors of Childhood Obesity: A Latent Variable Mixture Modeling Approach. Presented at the 145<sup>th</sup> American Public Health Association Annual Conference, November 4 8, 2017, Atlanta, GA.
- 25. **Ahn, S.**, Munning, K., Lee, J., Ziebarth, B., Campbell, K. (2017). A Faith Community Nurse (FCN) Care Transition Pilot Program: A Propensity Score Matching Analysis. Presented at the 145<sup>th</sup> American Public Health Association Annual Conference, November 4 8, 2017, Atlanta, GA.
- 26. Ziebarth, B., Campbell, K., **Ahn, S.** (2017). Faith Community Nursing Transitional Care Program: A Qualitative Approach. Presented at the 145<sup>th</sup> American Public Health Association Annual Conference, November 4 8, 2017, Atlanta, GA.
- 27. Kim, H., **Ahn, S.**, Yu, X., Powell, P. (2017). Determining Preschoolers' Use of Mental Health Services and Examining Variations Using the Behavioral Model for Vulnerable Populations. Presented at to the 145<sup>th</sup> American Public Health Association Annual Conference, November 4 8, 2017, Atlanta, GA.
- 28. **Ahn, S.**, Kim, S., & Zhang, H. (2016). Changes in depressive symptoms among older adults with multiple chronic conditions: Role of positive and negative social supports. Presented at at the 144<sup>th</sup> American Public Health Association Annual Conference, October 29 November 2, 2016, Denver, CO.
- 29. **Ahn, S.**, Zhang, H., & Levy, M. (2016). Adverse family experience, mental health, and childhood obesity: A moderated mediation model of social support. Presented at the 144<sup>th</sup> American Public Health Association Annual Conference, October 29 November 2, 2016, Denver, CO.
- 30. Aastha Chandak, BTech, Bhuyan, S., Shiyanbola, O., Wang, Y., Isehunwa, O., Anunobi, N., Ebuenyi, I., Deka, P., **Ahn, S.**, Kedia, S., & Chang, C. (2016). Gender disparities in cost-related medication nonadherence among cardiovascular disease patients. Presented at the 144<sup>th</sup> American Public Health Association Annual Conference, October 29 November 2, 2016, Denver, CO.
- 31. Robinson, K., Meng, L., Smith, M. L., **Ahn, S.**, Towne, S. (2016). Factors associated with pain frequency among adults with chronic conditions. Presented at the 144<sup>th</sup> American Public Health Association Annual Conference, October 29 November 2, 2016, Denver, CO.
- 32. Horrell, L., Smith, M. L., Kneipp, S. M., **Ahn, S.**, Towne, S., Mingo, C., Ory, M. G. (2016). Chronic Disease Self-Management Education Programs: A comparison of middle-aged adult participants by income. Presented at the 144<sup>th</sup> American Public Health Association Annual Conference, October 29 November 2, 2016, Denver, CO.
- 33. Smith, M. L., Adler, C., Patel, A., Venigalla, S., **Ahn, S.**, Towne, S. D. Jr., Bergeron, C. D., Bien, M. B., & Ory, M. G. (2016). Factors associated with healthcare-related frustrations among adults with chronic conditions. Presented at the Gerontological Society of America Annual Conference, November 16-20, 2016, New Orleans, Louisiana.

- 34. Smith, M. L., Cowart, C., **Ahn, S.**, Towne, S., Ory, M., Menn, M., & Chaney, Don. (2015). Situational and experiential factors associated with ageist attitudes among college students. Poster presented at the 143rd American Public Health Association Annual Conference, October 31 November 4, 2015, Chicago, IL.
- 35. Towne, S. Smith, M. L., **Ahn, S.**, Li, Y., Dowdy, D., & Ory, M. G. (2015). State-based surveillance: Rising cost of fall-related hospitalization in Texas. Poster presented at the 143rd American Public Health Association Annual Conference, October 31 November 4, 2015, Chicago, IL.
- 36. Towne S. D. Jr, Ory, M. G., **Ahn, S.**, Li, Y., Lee, S., Yoshikawa, A., & Smith, M. L. (2015). Geospatial variations in the cost of fall-related hospitalizations in a large southern U.S. state. Presented at the IAGG Asia/Oceania 2015 Congress. Chiang Mai, Thailand, October 19-22, 2015.
- 37. **Ahn, S.**, Smith, M. L., Kulinstki, K., & Ory, M. G. (2014). Estimating CDSMP health cost savings: A new tool for program implementers. Presented at the American Society on Aging (ASA)'s Annual Conference, March 11 March 15, 2014, San Diego, CA.
- 38. Towne, S. D., Smith, M. L., **Ahn, S.**, Ory, M. G. (2014). The reach of Chronic Disease Self-Management Education Programs to rural populations. Presented at the Gerontological Society of America Annual Conference, November 5-9, 2014, Washington, DC.
- 39. Salvatore, A.L., **Ahn, S.**, Jiang, L., Lorig, K., Ory, M.G. (2014). National Study of Chronic Disease Self-Management: Six- and twelve-month findings among cancer survivors and non-cancer survivors. Poster presented at the Annual Meeting of the Society of Behavioral Medicine. April 2014. Philadelphia, PA.
- 40. Pettus, J., Smith, M. L., **Ahn, S.**, Mendez-Luck, C., Towne, S. D., & Ory, M. G. (2014). Internet use and utilization of internet-based resources for disease self-care among women with chronic conditions. Presented the Southeastern Student Mentoring Conference in Gerontology and Geriatrics, April 11-12, 2014, Athens, GA.
- 41. **Ahn, S.,** Ory, M.G., Smith, M. L., Lorig, K., & Whitelaw, N. (2013). Influence of Chronic Disease Self-Management Programs (CDSMP) on healthcare outcomes and costs: Findings from the National Study of CDSMP. Presented at the Gerontological Society of America Annual Conference, November 20-24, 2013, New Orleans, LA.
- 42. Ory, M. G., Smith, M. L., **Ahn, S.**, Luohua, J., & Lorig, K. (2013). Promoting chronic disease self-management in the U.S.: Meeting the challenges of an aging society. Presented at the Gerontological Society of America's 66th Annual Scientific Meeting, November 20-24, 2013, New Orleans, LA.
- 43. Cho, J., Smith, M. L., **Ahn, S.**, & Ory, M.G. (2013). Health-related quality of life, depression, and overall quality of life among Chronic Disease Self-Management Program participants: Findings from the National Study of CDSMP. Poster presented at the Gerontological Society of America Annual Conference, November 20-24, 2013, New Orleans, LA.
- 44. **Ahn, S.**, Cooper, C., Smith, M. L., & Ory, M. G. (2013). Impact of a master gardener program on health outcomes among middle-aged and older adults: A pilot study. Poster presented at the 141st American Public Health Association Annual Conference, November 2 6, 2013, Boston, MA.
- 45. **Ahn, S.**, Smith, M. L., Cho, J., Jiang, L., & Ory, M. G. (2013). Factors associated with successful completion of chronic disease self-management program (CDSMP) among Asian participants. Presented at the 141st American Public Health Association Annual Conference, November 2 6, 2013, Boston, MA.

- 46. **Ahn, S.,** Lee, J., Smith, M. L., Bartlett-Prescott, J., & Ory, M.G. (2013). Factors associated with weight loss pilot program among middle-aged and older minority adults with obesity or diabetes. Poster presented at the 141st American Public Health Association Annual Conference, November 2 6, 2013, Boston, MA.
- 47. Smith, M. L., Ory, M. G., **Ahn, S.**, Kulinski, K., Lorig, K., & Whitelaw, N. (2013). National growth and sustainability of the Chronic Disease Self-Management Program (CDSMP): An incremental examination of delivery characteristics. Presented at the 141st American Public Health Association Annual Conference, November 2-6, 2013, Boston, MA.
- 48. Smith, M. L., Cho, J., **Ahn, S.**, Prizer, L. P., Graham, K. C., & Ory, M. G. (2013). Health indicators associated with falls among older women enrolled in an evidence-based program. Presented at the 141st American Public Health Association Annual Conference, November 2-6, 2013, Boston, MA.
- 49. Ory, M.G., **Ahn, S.**, Jiang, L., Whitelaw, N., Lorig, K., and Smith, M.L. National Study of Chronic Disease Self-Management Program: One year changes in health outcomes for older adults. Presented at the 141st Annual Meeting of the Public Health Association. Boston, MA. November 2013.
- 50. Ory, M. G., **Ahn, S.**, Smith, M. L., Jiang, J., Lorig, K., & Whitelaw N. (2013). National Study of Chronic Disease Self-Management among older adults: 12-month outcome findings. Presented at the 20<sup>th</sup> International Association of Gerontology and Geriatrics, June 23 27, 2013, Seoul, Korea.
- 51. Ory, M. G., Smith, M. L., **Ahn, S.**, Jiang, L., Whitelaw, N. Lorig, K. (2013). National Study of Chronic Disease Self-Management Programs (CDSMP). Presented at the 2013 Aging in America Conference, March 12 16, 2013, Chicago, IL.
- 52. Smith, M. L., Ory, M. G., Kulinski, K., **Ahn, S.**, Lorig, K., Whitelaw, N. (2013). Nationwide delivery infrastructure of CDSMP: A tale of 2 studies. Presented at the 2013 Aging in America Conference, March 12 16, 2013, Chicago, IL.
- 53. Smith, M. L., Ory, M. G., Jiang, L., Lorig, K., Kulinski, K., Zenker, W., **Ahn, S.**, Whitelaw, N. (2013). Participant & workshop characteristics related to Chronic Disease Self-Management Program attendance: Associations of class size & intervention dose. Poster presented at the 2013 Aging in America Conference, March 12 16, 2013, Chicago, IL.
- 54. Smith, M. L., Belza, B., Altpeter, M., Dickerson, J. B., **Ahn, S.**, & Ory, M. G. (2012). Reaching diverse CDSMP participants utilizing diverse delivery infrastructure. Presented at the Gerontological Society of America Annual Conference, November 14-18, 2012, San Diego, CA.
- 55. Cho, J., Smith, M. L., **Ahn, S.**, Quinn, C., Wilson, A., & Ory, M. G. (2012). Gait speed among older participants enrolled in an evidence-based falls-risk reduction program: A subgroup analysis. Presented at the Gerontological Society of America Annual Conference, November 14-18, 2012, San Diego, CA.
- 56. **Ahn, S.**, Smith, M. L., Lorig, K., Ritter P., & Ory, M. G. (2012). Pain and quality of life: exploring factors contributing to a paradoxical relationship. Poster presented at the 140th American Public Health Association Annual Conference, October 27 31, 2012, San Francisco, CA.
- 57. Smith, M. L., Ory, M. G., Zenker, W., Patton, K., **Ahn, S.**, Lorig, K., & Whitelaw, N. (2012). Participant and delivery site characteristics associated with attending a Spanish-language disease self-management program among Hispanic adults. Poster presented at the 140th American Public Health Association Annual Conference, October 27 31, 2012, San Francisco, CA.

- 58. Smith, M. L., Ory, M. G., **Ahn, S.**, Miles, T. P., & Whitelaw, N. (2012). Factors associated with women's chronic disease management: Associations of healthcare frustrations, physician support, and self-care knowledge. Presented at the 140th American Public Health Association Annual Conference, October 27 31, 2012, San Francisco, CA.
- 59. Smith, M. L., Dickerson, J. B., Wendel, M. L., **Ahn, S.**, Pulczinski, J. C., & Ory, M. G. (2012). Utility of rural designation in geospatial assessments of distance traveled to healthcare services. Poster presented at the 140th American Public Health Association Annual Conference, October 27 31, 2012, San Francisco, CA.
- 60. Cho, J., Smith, M. L., **Ahn, S.**, Kim, K., & Ory, M. G. (2012). Effects of an evidence-based falls-risk reduction program on physical activity and falls efficacy among oldest-old adults. Presented at the 140th American Public Health Association Annual Conference, October 27 31, 2012, San Francisco, CA.
- 61. **Ahn, S.**, Smith, M. L., & Ory, M. G. (2012). Associations of food insecurity with dietary behaviors and body mass index among baby boomers and older adults. Presented at the Southern Gerontological Society's Annual Meeting, April 19 22, 2012, Nashville, TN.
- 62. Smith, M. L., Goltz, H. H., **Ahn, S.**, Dickerson, J.B., Ory, M. G. (2012). Correlates of cardiovascular disease and discussing sexual issues with physicians among male military veterans. Poster presented at the American Society on Aging (ASA)'s Annual Conference, March 28 April 1, 2012, Washington, DC.
- 63. Ory, M.G., **Ahn, S.**, Smith, M.L., Dickerson, J.B., & Kim, K. (2011). Diabetes in an aging society: Is it underreported by seniors? Presented at the Gerontological Society of America's 64th Annual Scientific Meeting (GSA), November 18 22, 2011, Boston, MA.
- 64. Smith, M.L., Wilson, A. Salge, L., **Ahn, S.**, & Ory, M.G. (2011). Texas healthy lifestyles: Geographic reach and dissemination of disease self-management programs. Presented at the Gerontological Society of America's 64th Annual Scientific Meeting (GSA), November 18 22, 2011, Boston, MA.
- 65. Smith, M.L., Ory, M.G., **Ahn, S.**, Dickerson, J.B., & Whitelaw, N. (2011). Internet use and issues of self-care among middle-aged and older adults with chronic conditions. Presented at the Gerontological Society of America's 64th Annual Scientific Meeting (GSA), November 18 22, 2011, Boston, MA.
- 66. **Ahn, S.**, Dickerson, J.B., Smith, M.L., & Ory, M.G. (2011). Health and healthcare utilization correlates among baby boomers and seniors: Factors associated with obesity and diabetes. Presented at the 139th Annual Meeting of the American Public Health Association (APHA), October 29 November 2, 2011, Washington, DC.
- 67. **Ahn, S.**, Martinez, J.G., Smith, M.L., & Ory, M.G. (2011). Underreporting of hypertension among older Chinese adults. Presented at the 139th Annual Meeting of the American Public Health Association (APHA), October 29 November 2, 2011, Washington, DC.
- 68. Smith, M.L., **Ahn, S.**, Goltz, H.H., Menn, M., Dickerson, J.B., & Ory, M.G. (2011). Correlates of chronic disease and patient-provider discussions among middle-aged and older adult males: Associations with sexual dysfunction. Presented at the 139th Annual Meeting of the American Public Health Association (APHA), October 29 November 2, 2011, Washington, DC.
- 69. Smith, M.L., Dickerson, J.B., Wilson, K., **Ahn, S.**, Smith, H.A., Menn, M., & Ory, M.G. (2011). Snoring and obesity: Awareness and perceived severity of conditions related to obstructive sleep apnea among

- late adolescents. Presented at the 139th Annual Meeting of the American Public Health Association (APHA), October 29 November 2, 2011, Washington, DC.
- 70. Phillips, K., Smith, M.L., **Ahn, S.**, & Ory, M.G. (2011). Colorectal cancer screening practices among middle-aged and older adults. Presented at the 139th Annual Meeting of the American Public Health Association (APHA), October 29 November 2, 2011, Washington, DC.
- 71. **Ahn, S.**, Smith, M. L., & Ory, M. G. (2011). Physician communication of body weight, healthy diets, and physical activity with overweight or obese older adults. Presented at the 32nd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, April 27 30, 2011, Washington, DC.
- 72. Smith, M. L., Ory, M., McKinley, A., **Ahn, S.**, Ribardo, J., Burdine, J., & Wendel, M. (2011). Using community-based participatory research to address obesity issues in the Brazos Valley, Texas. Presented at the 2011 American Academy of Health Behavior Meeting, March 20 23, 2011, Hilton Head, SC.
- 73. **Ahn, S.**, Smith, M. L., & Ory, M. G. (2011). Does mental health mediate spiritual and physical health among older adults? Presented at the American Society on Aging (ASA)'s Annual Conference, April 26 30, 2011, San Francisco, CA.
- 74. Dickerson J.B., Smith M.L., **Ahn S.,** & Ory M.G. (2011). The influences of a sedentary lifestyle on the self-reported mental health status of seniors diagnosed with depression. Poster presented at the 2011 Texas Conference on Aging, June 14, 2011, San Antonio, TX.
- 75. Dickerson J.B., **Ahn S.,** Smith M.L., McKinley A., & Ory M.G. (2011). The intention of advanced practice nurses in senior care settings to refer patients to Chronic Disease Self-Management Programs. Poster presented at the 2011 Texas Conference on Aging, June 14, 2011, San Antonio, TX.
- 76. Smith, M. L., Colwell, B., **Ahn, S.**, & Ory, M. G. (2011). Correlates of smoking in Texas: Smoking status, physician interaction, & daily cigarette consumption. Presented at the 2011 Society for Research on Nicotine and Tobacco, February 16-19, 2011, Toronto, Canada.
- 77. **Ahn, S.**, Hochhalter, A., Stevens, A., Covin, J., Smith, M. L., & Ory, M. G. (2010). Resources preparedness and caregiving self-rating among older informal caregivers. Presented at the Gerontological Society of America (GSA)'s 63rd Annual Scientific Meeting, November 19 23, 2010, New Orleans, LA.
- 78. Salazar, C., Smith, M. L., Perez, A. G., **Ahn, S.**, Wilson, A., & Ory, M. G. (2010). An evidence-based chronic disease program for seniors in San Antonio, Texas: Geospatial Characteristics of Program Participation and Outcomes. Presented at the Gerontological Society of America (GSA)'s 63rd Annual Scientific Meeting, November 19 23, 2010, New Orleans, LA.
- 79. **Ahn, S.**, Zhao, H., Smith, M. L., Ory, M. G., & Phillips, C. D. (2010). The longitudinal effects of body mass index on chronic diseases and functional decline among Chinese older adults. Presented at the 138th Annual Meeting of the American Public Health Association (APHA), November 6 10, 2010, Denver, CO.
- 80. **Ahn, S.**, Tai-Seale, M., Huber Jr., C., Smith, M. L., & Ory, M. G., (2010). Psychotropic medication discussion among older adults in primary care office visits. Presented at the 138th Annual Meeting of the American Public Health Association (APHA), November 6 10, 2010, Denver, CO.

- 81. Ory, M. G., **Ahn, S.**, Smith, M. L., Angelica, P., & Karon, Phillips. (2010). Volunteering as a major component of aging well: Examining minority participation. Presented at the 138th Annual Meeting of the American Public Health Association (APHA), November 6 10, 2010, Denver, CO.
- 82. Smith, M. L., Herrera, A. P., Hochhalter, A. K., **Ahn, S.**, & Ory, M. G. (2010). Positive attitudes and social activities among post-menopausal women: Determinants of successful aging through the 60s, 70s, and 80s. Presented at the American Public Health Association (APHA) Annual Conference, November 6 10, 2010, Denver, CO.
- 83. Smith, M. L., Colwell, B., **Ahn, S.**, Johnson, K., & Ory, M. G. (2010). Tobacco use among middle-aged and older women in Texas: Factors influencing current smoking and cessation behaviors. Presented at the American Public Health Association (APHA) Annual Conference, November 6 10, 2010, Denver, CO.
- 84. Ory, M. G., Smith, M. L., **Ahn, S.**, Hochhalter, A. K., Wernicke, M. M., & Wilson, A. (2010). Cancer survivors dealing with late life issues: Findings from an evidence-based falls prevention program. Presented at the 5th Biennial Cancer Survivorship Research Conference, June 17 19, 2010, Washington, DC.
- 85. Smith, M. L., Ory, M. G., **Ahn, S.**, Dean, W. R., & Sharkey, J. R. (2010). Influences of food insecurity on eating behaviors among impoverished older women. Presented at the Joint Annual Conference of the Association for the Study of Food and Society (ASFS), Agriculture, Food and Human Values Society (AFHVS) and joined by the Society for the Anthropology of Food and Nutrition (SAFN), June 2 5, 2010, Bloomington, IN.
- 86. Smith, M. L., Ory, M. G., Resnick, B., **Ahn, S.**, & Bazzarre, T. L. (2010). Utility of the EASY tool screening for evidence-based intervention enrollment: Assessment of program completion and outcomes among older adults in Texas. Presented at the 22nd REVES Annual Conference, May 19 21, 2010, Havana, Cuba.
- 87. Smith, M. L., Ory, M. G., Hochhalter, A. K., Stevens, A., & **Ahn, S.** (2010). Factors associated with cardiovascular disease risk and events in the Brazos Valley. Presented at the Annual HMO Research Network Conference, March 22 24, 2010, Austin, TX.
- 88. Ory, M. G., Smith, M. L., Hochhalter, A. K., Wernicke, M. M., & **Ahn, S.** (2010). Indicators of lifetime and annual mammography screening in the Brazos Valley. Presented at the Annual HMO Research Network Conference, March 22 24, 2010, Austin, TX.
- 89. **Ahn, S.**, Park B., Zhao, H., Tai-Seale, M., Huber, C., & Phillips, C. D. (2009). Longitudinal effects of body mass index on chronic diseases and functional limitations among Chinese elderly. Poster presented at the American Public Health Association Annual Conference, November 7 11, 2009, Philadelphia, PA.
- 90. **Ahn, S.**, Phillips, C. D., & Sharkey, J. (2008). Relationship of socioeconomic status, caloric intake, and physical activity on body composition among U.S. elderly. Presented at the Gerontological Society of America (GSA), November 21 25, 2008, National Harbor, MD.
- 91. **Ahn, S.**, Phillips, C. D., & Sharkey, J. (2008). Effects of socioeconomic status, caloric intake, and physical activity on body composition among U.S. elderly. Presented at the U.S. Korea Conference (UKC), August 14 16, 2008, San Diego, CA.

92. **Ahn, S.**, Huber, C., & Phillips, C. D. (2007). Predictors of overweight and obesity among low-income community-dwelling seniors. Presented at the U.S. – Korea Conference (UKC), August 9 – 12, 2007, Washington, DC.

## WHITE PAPERS, RESEARCH REPORTS, & TECHNICAL REPORTS

- 1. Ory, M. G., Altpeter, M., Belza, B., Smith, L. M., & **Ahn, S.** (2011). Planning a nationwide evaluation of evidence-based disease prevention programs for seniors (Final Report to the U.S. Administration on Aging).
- 2. **Ahn, S.**, Wilson, A., & Ory, M. G. (2010). Texas Healthy Lifestyles: Chronic Disease Self-Management Program (CDSMP)/Diabetes Self-Management Program (DSMP) Data collection protocols and guide to forms. College Station: Texas A&M University Health Science Center.
- 3. Hawes, C., Kimbell A., **Ahn, S.**, & Moudouni, D. (2008). Detecting, addressing and preventing elder abuse in residential care facilities (Report to the National Institute of Justice, U.S. Department of Justice) (Draft Final Report). College Station: Texas A&M University Health Science Center.
- 4. Burdine, J. N. & **Ahn, S.** (2007). Summary of findings related to mental health/mental retardation from the Brazos Valley Health Status Assessment 2006. College Station: Texas A&M University Health Science Center.
- 5. **Ahn, S.**, Alaniz, A., Burdine, J., Clark, H., Knitt, E., Kostecka, R., et al. (2006). 2006 Brazos Valley Health Status Assessment: Executive report. College Station: Texas A&M University Health Science Center.
- 6. **Ahn, S.**, Du, J., Garret, R., Martinez, E., Miller, C., Needham, M. et al. (2006). Outside participation in the development of proposal rules: Exploratory research of rule proposal development in government agencies A report to the Congressional Research Service (CRS). College Station: The Bush School of Government and Public Service at Texas A&M University.

## **TEACHING**

#### **COURSES TAUGHT:**

- Instructor, Fall 2024, Spring 2024, Fall 2023, Fall 2022, **Health Policy (HMP 5500 [Sections 1, 2, & 9])** at Saint Louis University College for Public Health & Social Justice Department of Health Management & Policy. The purpose of this course is to move graduate students towards becoming "policy competent", with an overview of the health care policy process in the United States and an understanding of and applying the basics of policy analysis.
- Instructor, Fall 2024, Spring 2024, Fall 2023, **Population Health Management (HMP 2300)** at Saint Louis University College for Public Health & Social Justice Department of Health Management & Policy. The goal of this course is to introduce undergraduate students to fundamental aspects of population health management. Key topics covered include social determinants of health, the triple aim, patient engagement, and risk adjustment.
- Instructor, Fall 2025, **Creating High Reliability Organizations (HMP 5850)** at Saint Louis University College for Public Health & Social Justice Department of Health Management & Policy. The goal of this course is to equip students with the knowledge and practical skills to build and lead healthcare organizations that achieve high reliability and a culture of safety. Students will learn to apply core HRO principles, along with Lean and Six Sigma methodologies, to diagnose organizational failures, design strategic solutions, and implement sustainable quality and safety improvements.

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- Instructor, Spring 2022, Fall 2021, Spring 2021, Fall 2020, Spring 2020, Spring 2019, Spring 2018, Fall 2017, Spring 2017, Fall 2016, Spring 2016, Fall 2015, Spring 2015, Fall 2014, Spring 2014, Fall 2013, Spring 2013, **Health Policy and the Organization of Health Services (HADM 7105/8105)** at the University of Memphis School of Public Health, Division of Health Systems Management and Policy. This course covers the history and development of health policy and organization in the U.S., the forces affecting health policy, the impact of policy on health services delivery, and the most recent health care reform efforts.
- Instructor, Summer 2022, Fall 2021, Summer 2021, Fall 2020, Summer 2020, **Population Health Management (HADM 7140)** at the University of Memphis School of Public Health, Division of Health Systems Management and Policy. This course focuses on critical concepts in population health and population health management. Attention is given to both health care and public health dimensions of identifying, managing, and improving population health outcomes in an era of health care reform. Population-level determinants of health are addressed in detail, as are the rationale and tools for monitoring and improving health problems at a population level.
- Instructor, Fall 2020. **Health Services Research (PUBH 8400)** at the University of Memphis School of Public Health, Division of Health Systems Management and Policy. The purpose of this doctoral seminar is to provide an overview of research design and research methods in health services research. This course provides a comprehensive introduction to research process, including conceptualization of a research study, research design of methods and measures, data collection, data analysis, and guidelines for writing and presenting results in health services research.
- Instructor, Spring 2019, Spring 2018, Spring 2017, Spring 2016, Spring 2015, Spring 2012, **Aging, Public Health, and Health Services (PUBH 7505/8505)** at the University of Memphis School of Public Health,

  Division of Health Systems Management and Policy. The graduate seminar introduces students to

  population aging and the current U.S. infrastructure designed to provide health services to the aging. It

  also focuses on federal and state policies that affect the health of the older citizens as well as the

  systems designed to meet their health care needs.
- Co-Instructor, Spring 2018, **MPH Master's Project Seminar (PUBH 7992/7992-M50)** at the University of Memphis School of Public Health. This seminar serves as a capstone course for students to discuss and reflect upon their practicum experiences. During this structured seminar, students and faculty discuss the theoretical framework, public health significance, policy impact, and relevance of their practicum projects. I advised 6 MPH students with health systems and policy (HSP) concentration.
- Instructor, Fall 2012, **Health Systems (HADM 6101)** at the University of Memphis School of Public Health, Division of Health Systems Management and Policy. This graduate-level course in Health Services Administration is designed as an introductory course with a systematic overview of the U.S. health services system. Emphasis is on the health policy, population health, medical care delivery, and support for medical care delivery. The main purpose of the course is to acquaint students with the various mechanisms through which health care services are delivered in the United States.
- Co-Instructor, 2007, of **Rural Public Health System (PHPM 601**; Primary Instructor: Dr. Craig Blakely) at Texas A&M University Health Science Center School of Public Health. The class introduces the field of public health and rural health conditions, issues, professions, organizations, and policies relevant to the health of rural communities.

#### **GUEST LECTURES:**

- Guest Lecturer, 2025, an invited lecture entitled, "Smart Rehabilitation in a Super-Aged Society: Lessons from U.S. Disability and Aging Policy," at 17<sup>th</sup> International Symposium on Rehabilitation Research 2025, hosted by the Korea National Rehabilitation Center (KNRC), Seoul, South Korea.
- Guest Lecturer, 2025, an invited lecture entitled, "My Book, My Research, and My God," at Connecting Business and Marketplace to Christ (CBMC) Seoul Korea.
- Guest Lecturer, 2025, an invited seminar entitled, "U.S. Health Policy, Aging, & My Research on Aging," at Ajou University Graduate School of Public Health.
- Guest Lecturer, 2025, an invited seminar entitled, "The U.S. Healthcare System and Health Policy Under the Trump Administration," at Kyungpook National University Graduate School of Public Health.
- Guest Lecture, 2024, 2023, an invited lecture for PHS-6050 doctoral students for "Introductory Seminar: Science, Theory and Public Health," at Saint Louis University College for Public Health and Social Justice.
- Roundtable Discussion, 2023, featuring a leading discussant on "Global Trends of Health & Social Welfare Entering the Endemic Era," specifically focusing on the topic of "Post-Pandemic U.S. Health Policy." Hosted by the Korea Institute for Health and Social Affairs on July 20 in Sejong, South Korea. The recorded roundtable discussion can be accessed on KIHASA's YouTube channel: <a href="https://youtu.be/Kp4Ee2PJZAs?si=1LwB9gn3ij-QhVjo">https://youtu.be/Kp4Ee2PJZAs?si=1LwB9gn3ij-QhVjo</a>."
- Guest Lecture, 2023, an invited lecture for PUBH 5950 for "Special Study for Examination Class for our MPH Students," at Saint Louis University College for Public Health and Social Justice.
- Guest Lecture, 2023, an invited lecture for MPH & MHA students during Coffee Break, "Aging in Brain: Roles of Childhood Adversity," at Saint Louis University College for Public Health and Social Justice.
- Guest Lecturer, 2022, an invited lecture for PUBH 5050 Health Care Across the Life Course "Aging in Brain: Roles of Childhood Adversity," at Saint Louis University College for Public Health and Social Justice.
- Lecturer, 2019, Health Systems and Policy Journal Club Information Session, "How to Write a Peer-reviewed Journal Article," at the University of Memphis School of Public Health.
- Guest Lecturer, 2018, an invited seminar entitled, "Introduction to the U.S. Healthcare System," at Kyungpook National University Graduate School of Public Health.
- Guest Lecturer, 2018, an invited seminar entitled, "How to Write a Paper (in English)?" at Kyungpook National University Graduate School of Public Health.
- Guest Lecturer, 2016, an invited seminar entitled, "Affordable Care Act: Past, Present, and Future," at Kyungpook National University Graduate School of Public Health.
- Guest Lecturer, 2014, an invited seminar entitled, "Successful Delivery of Chronic Disease Self-Management Program," at Seoul National University School of Public Health.
- Guest Lecturer, 2014, an invited seminar entitled, "Successful Delivery of Chronic Disease Self-Management Program," at Kyungpook National University Graduate School of Public Health.
- Guest Lecturer, 2013, an invited Grand Round Talk entitled, "Patient Protection and Affordable Care Act & Obstetricians/Gynecologists" at the University of Tennessee Health Science Center Depart of OB/GYN.

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- Guest Lecturer, 2012, an invited seminar entitled, "Obesity among Older Adults" at the doctoral seminar at The University of Tennessee Health Science Center College of Pharmacy.
- Guest Lecturer, 2012, an invited seminar entitled, "Associations of Food Insecurity with Dietary Behaviors and Body Mass Index Among Baby Boomers and Older Adults" at the Health Systems Research Conference (University of Tennessee/University of Memphis) sponsored by HRSA Lifepath Public Health Workforce Training Grant.
- Guest Lecturer, 2011, an invited seminar entitled, "Obesity among Older Adults: A Scholarly Pathway of a Young Researcher" at the University of Tennessee Health Science Center Department of Preventive Medicine.
- Guest Lecturer, 2011, invited seminar series regarding issues of alcohol, tobacco, and other drug use across the life course; correlates of chronic conditions; and healthy aging from a global perspective for the U.S. China Federal Association of Business Councils (USCFABC) scholars at Texas A&M University Health Science Center, College Station, TX.
- Guest Lecturer, 2011, an invited seminar at the Korea Centers for Disease Control and Prevention. The lecture introduced the global burden and policy implication of obesity among older adults.
- Guest Lecturer, 2011, an invited seminar at Seoul National University School of Public Health. The lecture introduced the global burden and epidemiology of obesity among older adults.
- Mentor, 2010-2011. Part of a mentoring Group in Aging and Health Care. Texas A&M University Health Science Center and Scott and White Health Care. Provide assistance and guidance to doctoral students and junior clinical faculty and postdoctoral scientists with less quantitative skills.
- Post-Doctoral Facilitator, 2010, of doctoral seminar in Public Health Intervention (PHSB 672) at Texas A&M University Health Science Center School of Public Health. The class focused on the examination of the theoretical foundation, implementation, and effectiveness of public health interventions from a multi-level approach.
- Guest Lecturer, 2010, of a statistical seminar at Texas A&M University Health Science Center School of Public Health sponsored by the Center for Community Health Development, the Program for Rural and Minority Health Disparities Research, the Program on Aging and Health, the Child and Adolescent Health Research Lab (CAHRL), and the Institute for Obesity Research and Program Evaluation. The seminar introduced generalized ordered logistic regression (gologit2) when violating the proportional odds assumption.
- Guest Lecturer, 2009, of Global Health (PHPM 639) at Texas A&M University Health Science Center School of Public Health. The lecture introduced the global epidemic of obesity among community-dwelling elderly: the case of the United States and China.

## STUDENT ADVISING/MENTORING

# Saint Louis University College for Public Health and Social Justice. PhD Programs

- 1. Wan-Ling Hsu, 2023 Present, Health Management & Policy PhD Program, *Dissertation Chair*
- 2. Kenneth Kibii Present, Health Management & Policy PhD Program, Dissertation Co-Chair

# Master of Health Care Management (or Administration)

- 1. Khan, Omar, 2024 Present.
- 2. Griffin, Molly, 2024 Present.
- 3. Batool, Mariam, 2022 Present.
- 4. Burke, Hanna, 2022 2024.
- 5. Bush, Clare E., 2022 2024.
- 6. Fornaris Marin, Paola Y., 2022 2024.
- 7. Frenchie, Eriannah M., 2022 2024.
- 8. Jackson, Lauren R., 2022 Present.
- 9. King, Kaitlyn M., 2022 2024.
- 10. Kuleke, Ambrose K., 2022 2024.
- 11. Merriweather, Alexis Y., 2022 2024.
- 12. Pierce, Anna F., 2022 2024.
- 13. Sato, Lisa, 2022 2024.
- 14. Stewart, Samantha, 2022 2024.
- 15. Lokmic, Silina, 2022 2024.

# **Undergraduate Program**

- 1. Niebruegge, Benjamin, 2024 Present.
- 2. Patel, Rhea, 2024 Present.
- 3. Remizov, Nikolay, 2024 Present.
- 4. Sattiraju, Sricharan K, 2024 Present.
- 5. Swaminathan, Sriramanatha, 2024 Present.
- 6. Provenzano, Amy, 2022 2024.
- 7. Puntambekar, Madhura V., 2022 2024.
- 8. Rossmiller, Catherine M., 2022 Present.
- 9. Stewart, Sereniti L., 2022 Present.
- 10. Surampalli, Avyay K., 2022 2024.
- 11. Uddin, Mariyah A., 2022 Present.
- 12. Vayyeti, Abhinav, 2022 Present.
- 13. Griffin, Molly R, 2023 2024.
- 14. McCoy, Jayda Lanell, 2023 2024.
- 15. Weldemichael, Ariam, 2023 Present.
- 16. Schade, Dylan Oliver, 2023 Present.
- 17. Shah, Riya P, 2023 2024.

# University of Memphis School of Public Health PhD Programs

- 1. Mr. Kiran Kamble, 2021 2022, Health Systems & Policy PhD Program, *Dissertation Chair*
- 2. Ms. Sandra Bailey-DeLeeuw, 2016 2021, Health Systems & Policy PhD Program, Dissertation Chair
- 3. Ms. Angela Askew, 2017 2020, Health Systems & Policy PhD Program, Dissertation Chair
- 4. Mr. Asos Mahmood, 2016 2021, Health Systems & Policy PhD Program, Dissertation Chair
- 5. Ms. Prachi Chavan, 2016 2019, Epidemiology PhD Program, Dissertation Committee
- 6. Ms. Oluwaseyi Isehunwa, 2017 2018, Health Systems & Policy PhD Program, Dissertation Committee

#### MPH/MHA

- 1. Rebecca Shideler, 2021 2022, MHA, advisor
- 2. Taryn Mouhot, 2021 2022, MHA, advisor
- 3. Sufia Mufti, 2021 2022, MHA, advisor
- 4. Kaitlyn Biegelmann, 2020 2022, MHA, advisor
- 5. Allison Dillow, 2020 2022, MHA, advisor
- 6. Zachary Lindsey, 2020 2022, MHA, advisor
- 7. Vishnu Movva, 2020 2022, MHA, advisor
- 8. Kennedi Smith, 2020 2022, MHA, advisor
- 9. Ashley Ramey, 2019 2021, MHA, advisor
- 10. Christopher Rivas, 2019 2021, MHA, advisor
- 11. Ms. Jhen Paulin Pagulayan, 2018 2020, MHA, advisor
- 12. Ms. Katherine Christian, 2018 2020, MHA, advisor
- 13. Ms. Michelle Rodriguez, 2018 2020, MHA, advisor
- 14. Mr. Forrest Jones, 2018 2020, MHA, advisor
- 15. Ms. Brigid Catherine Welsh, 2017 2019, MPH, advisor
- 16. Ms. Madelynn Lancaster, 2017 2019, MHA, advisor
- 17. Ms. Laura Ramsey, 2017 2019, MHA, advisor
- 18. Ms. Brittany Julius, 2017 2018, MPH, advisor
- 19. Ms. Kendall Morton, 2016 2018, MHA, advisor
- 20. Mr. Brady Roy, 2016 2018, MHA, advisor
- 21. Mr. Rikesh, Patel, 2016 2018, MHA, advisor
- 22. Mr. Emmanuel Spence, 2016 2018, MPH, advisor
- 23. Ms. Jennifer Sykes, 2015 2018, MPH, advisor
- 24. Mr. Uchenna Anunobi, 2016, MPH, advisor
- 25. Mr. Anand Saha, 2016 2017, MPH, advisor
- 26. Ms. Ripal Patel, 2015 2017, MHA graduated, advisor
- 27. Ms. Morgan McClendon, 2015 2017, MHA graduated, advisor
- 28. Ms. Irem Khan, 2014 2016, MHA graduated, advisor
- 29. Ms. Manoella Pacheco, 2014 2016. MHA graduated, advisor
- 30. Ms. Bianca Jackson, 2014 2015, MPH graduated, thesis committee member
- 31. Ms. Brittany Coole, 2013 2015, MHA graduated, advisor
- 32. Ms. Iman McGhee, 2013 2015, MHA graduated, advisor
- 33. Ms. Brandi Kachouri, 2013 2015, MPH graduated, advisor
- 34. Mr. Austin Hudson, 2011 2013, MHA graduated, advisor
- 35. Ms. Porsha Love, 2011 2013, MHA graduated, advisor
- 36. Ms. Jeneba Porter, 2011 2013, MHA graduated, advisor
- 37. Ms. Kasey Skinner, 2011 2013, MHA graduated, advisor
- 38. Mr. Bradley Ward, 2011 2013, MHA graduated, advisor

#### PROFESSIONAL EXPERIENCE

## **WORK EXPERIENCE**

Librarian, September 2005 – May 2006, Texas A&M University Policy Sciences and Economics Library, College Station, TX: assisted patrons to find needed books or periodicals and set up online course websites for faculty members. Worked with Ms. Gail Macmillan.

Medical Representative, February 2001 – June 2004, SeongNam City Territory Manager, GlaxoSmithKline (GSK), Seoul, South Korea: educating healthcare providers in benefits and characteristics of the GSK

products (e.g., Advair, Avandia, 3TC, and Vaccines) and collaborating with the GSK marketing department. Worked with Mr. Yongchae Chung.

#### MILITARY EXPERIENCE

KATUSA Sergeant, December 1998 – February 2001, (E-5, MOS-92Y: Unit Supply Specialist), United States Army in Korea (USFK), Camp Colbern, Hanam, South Korea: aided in communication and interpretation between members of the USFK and the Republic of Korea (ROK) Army and managed Logistics and Arms Room of the 304th Battalion, 1st Signal Brigade. Worked with LTC. David A. Scarbalis.

Attendee, February 2000, U.S. Army Primary Leadership Development Course (PLDC)

Attendee, U.S. Army Combat Life Saver Certificate Course, November 1999

## **GRANT REVIEW ACTIVITIES**

Paper and Grant Reviewer, the Conditions Affecting Neurocognitive Development and Learning in Early Childhood (CANDLE), the University of Tennessee Health Science Center. May 2016.

Grant Reviewer, President's Research Fund, Saint Louis University, 2023.

#### **JOURNAL REVIEW ACTIVITIES**

#### **GUEST REVIEW ACTIVITIES**

Ad Hoc Reviewer. Journal of Religion and Health, October 2024 – Present

Ad Hoc Reviewer. Journal of the American Geriatrics Society, January 2023 – Present

Ad Hoc Reviewer. American Journal of Public Health, July 2016 - Present

Ad Hoc Reviewer. International Review of Public Administration, October 2014 – Present

Ad Hoc Reviewer. The Aging Male, March 2013 – Present

Ad Hoc Reviewer. Risk Management and Healthcare Policy, March 2013 - Present

Ad Hoc Reviewer. American Academy of Health Behavior Annual Meeting Abstract Review, November 2012 – Present

Ad Hoc Reviewer. Journal of the American Aging Association, September 2012 – Present

Ad Hoc Reviewer. Journal of Primary Prevention, April 2012 - Present

Ad Hoc Reviewer. International Journal of Public Health, June 2011 – Present

Ad Hoc Reviewer. American Public Health Association (APHA) Aging & Public Health Section Rural and Environment Award, April 2011 – Present

Ad Hoc Reviewer. Journal of Health Care of the Poor and Underserved, November 2010 - Present

Ad Hoc Reviewer. Family and Community Health, August 2010 - Present

Ad Hoc Reviewer. Journal of Rural Health, January 2010 - Present

Ad Hoc Reviewer. The Gerontologist, January 2010 – Present

Ad Hoc Reviewer. Journal of Applied Gerontology, December 2009 – Present

#### PROFESSIONAL MEMBERSHIPS

American Academy of Health Behavior [FULL MEMBERSHIP], 2012 – Present

Association of University Programs in Health Administration, 2012 – Present

Society of Behavioral Medicine, 2011 – 2012

American Society on Aging, 2010 – 2012

The Gerontological Society of America, 2008 – 2010

American Public Health Association, 2006 – Present

Global Health Initiatives, 2006 - 2007

#### LANGUAGE SKILLS

English (fluent), Korean (mother tongue), French and Japanese (Beginning)

## SERVICE & VOLUNTEER EXPERIENCE

## SERVICE IN SAINT LOUIS UNIVERSITY

- 1. CPHSJ Representative on Faculty Senate Governance Committee, 2023 Present.
- 2. HMP Peer Course Collaboration Pilot Program, 2024.
- 3. HMP Undergraduate Major/Curriculum Revision Committee, 2024
- 4. HMP Graduate Online Task Force, 2023 Present.
- 5. Search Committee Member for Faculty of Department of Health Management & Policy, 2022 2023, Saint Louis University College. for Public Health & Social Justice Department of Health Management & Policy.
- 6. Research Strategy Development Subcommittee for Department of Health Management & Policy, 2022 Present.

#### SERVICE IN THE UNIVERSITY OF MEMPHIS

 Search Committee Member for Interim Chair of Division of Health Systems Management and Policy, 2022, The University of Memphis School of Public Health Division of Health Systems Management and Policy

- 2. Graduate Studies Committee, 2016 2020, The University of Memphis School of Public Health
- 3. Graduate Faculty Member in Public Health (Full Member, 2012 2022), The University of Memphis School of Public Health Division of Health Systems Management and Policy
- 4. Search Committee Member for Faculty of Division of Health Systems Management and Policy, 2014 2015, The University of Memphis School of Public Health Division of Health Systems Management and Policy
- 5. Health Systems and Policy Ph.D. Program Admission, 2013 2022, The University of Memphis School of Public Health Division of Health Systems Management and Policy
- 6. Health Systems and Policy Ph.D. Program Work Group, 2013, The University of Memphis School of Public Health Division of Health Systems Management and Policy
- 7. Search Committee Member for Faculty of Division of Health Systems Management and Policy, 2013 2014, The University of Memphis School of Public Health Division of Health Systems Management and Policy
- 8. Search Committee Member for Faculty of Division of Social and Behavioral Health, 2012 2013, The University of Memphis School of Public Health Division of Health Systems Management and Policy
- 9. Search Committee Member for Division Director, 2011 2012, The University of Memphis School of Public Health Division of Health Systems Management and Policy
- 10. Master of Public Health Curriculum Committee, 2012, The University of Memphis School of Public Health
- 11. Master of Health Administration Curriculum Committee, 2011 2022, The University of Memphis School of Public Health
- 12. Master of Health Administration Admission Committee, 2011 2022, The University of Memphis School of Public Health
- 13. Committee Member for Faculty Affairs and Development (COFAD), 2011 2018, The University of Memphis School of Public Health

#### COMMUNITY SERVICE

- 1. APHA, Mental Health Section, Awards Chair, 2024 Present.
- 2. STL KPC Bible School Teacher, 2024 Present.
- 3. Committee Member, Health and Human Services Nonprofit Committee, Shelby Country Division of Community Services, 2020 2022.
- 4. Master Gardener Intern, University of Tennessee Extension, 2013.
- 5. Committee Member, Memphis Healthy Shelby-Chronic Disease Team, 2012 2013.

- 6. Director of Research and Development Team, Center to Enact Change, 2008 2011, Colorado Springs, CO: Empowering communities in developing poverty-stricken areas worldwide to enact real change by providing resources and sustainable solutions. Work with Mr. Jason Hayes.
- 7. Certified Trainer (Group Leader), 2010, the Diabetes Self-Management Program (DSMP), Texas: Led a DSMP class to empower diabetic patients with self-management skills.
- 8. Certified Trainer (Group Leader), 2010, the Chronic Disease Self-Management Program (CDSMP), Texas: Led a CDSMP class to empower chronic disease patients with self-management skills.
- 9. Principal, Vice-principal, General manager, 2008 2011, Vision Korean School at College Station, TX: managing the church-affiliated school to teach the Korean language to both second-generation Koreans and Americans.
- 10. President, 2007 2008, Texas A&M University International Graduate Student Association: helping international graduate students at Texas A&M University by advocating for their rights and facilitating networking.
- 11. Student Representative, 2008, Texas A&M University Graduate Student Council Health Insurance Advisory Board.
- 12. Student Representative, 2007, Texas A&M University School of Public Health Faculty Search Committee.
- 13. Student Representative, 2007 2008, Texas A&M University Student Advisory Board for Facilities.
- 14. Student Representative, 2006 2008, Texas A&M University Health Science Center President's Student Advisory Board.
- 15. Volunteer, 2005, Texas Department of Health Protect Texas.
- 16. Attendee, 2005, Brazos County, Texas, Disaster Volunteer Academy.
- 17. Student Member, 1997, Kim Dae Jung Peace Foundation Youth Academy.

## REFERENCE LIST

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